



**Duluth Lions STRIDES for Diabetes Walk**  
**College of St. Scholastica**  
**September 9, 2023**

- **Walk Route**  
 1 Lap =  $\frac{3}{4}$  Mi = 1K  
 5 Laps =  $3\frac{1}{4}$  Mi = 5K
- Parking Area**
- HC **Handicap Parking**